

Organised by:



Co-organised by:



Grandparents' Day Gentle Walk Sunday, 25 November 2007

8 am, Raffles Place Park (between Chevron House & OUB Centre)

Grandparents' Day is a day for the young to show their love and appreciation for their grandparents, and to affirm the guidance and knowledge that grandparents, with their richer life experiences, can offer.

And what better way to celebrate Grandparents' Day than by having the entire family – grandparents, parents and grandkids – take part in the **Grandparents' Day Gentle Walk**? This **1 km walk** will take you along historic Singapore River to the Asian Civilisations Museum, where there'll be performances, food stalls and games, and free entry to the museum!

So hurry, join us now! Complete the Gentle Walk to get an exciting goodie bag filled with lots of surprises! For more information, log on to www.activeageingfestival.com.sg now!

Yes, I would like to take part in the Gentle Walk!

Name: _____ **Date of birth:** ____/____/____ (dd/ mm/ yy)

Gender: Male / Female **E-mail:** _____

Tel No: _____ (home) _____ (office) _____ (mobile)

Details of participating family members:

Name	Age	Relationship

Please fax your completed forms to 6836 3121,
or mail them to: GolinHarris, 40A Orchard Road, #07-01, The MacDonald House, Singapore 238838

Registration deadline: Tuesday, 20 November, 2007

For enquiries, please call 6551 5445 from 11 am to 5 pm, Mondays to Fridays,
or visit www.activeageingfestival.com.sg



**GRANDPARENTS' DAY GENTLE WALK
SUNDAY, 25 NOVEMBER 2007
INDEMNITY RELEASE FORM**

Name As in I.C : _____

I.C. No : _____

Hp : _____

Email : _____

PERSONAL DETAILS

Date of Birth : _____ **Sex** : _____

Please state any medical conditions or allergies that may require special attention.

Name and contact number of Next of Kin to be contacted in case of emergency

Name : _____ **Contact** : _____

In CONSIDERATION OF, and as part of the agreement for the opportunity to participate in the Grandparents' Day Gentle Walk, Singapore on the 25th NOV 2007 (the event), the activities of the event, services and food and refreshments provided (if any) by Council for Third Age & SPOC Solutions Pte Ltd. I, (RELEASOR), agree to HOLD HARMLESS and RELEASE Council for Third Age & SPOC Solutions Pte Ltd., it's organizer, partners, officers, owners, directors, employees, agents, associates and suppliers (RELEASEES) from and for all accidents, claims, losses, damages and liabilities (including but without limitation, death, liability, injury, loss/ damage to the Releasor and their property) which might occur during the event, including without limitation to those losses arising out of the strict liability or the joint or concurrent passive negligence of the Releasees. I expressly assume any and all such risks with respect to the carnival and the activities and circumstance described herein and pledge and undertake not to sue the Releasees or any one or more of them on account of any losses , claims, costs, liabilities or damages, and further, I agree that the foregoing shall be binding upon me personally and my family, as well as upon my estate, heirs and personal representatives. I also agree to abide by all instructions issued by the facilitators/ organizers of this event.

(Signature)

Date

If you are below 18 years old as of 25th NOV 2007, please kindly seek parental/guardian consent by obtaining their signature as approval.

Name : _____ I/C : _____

Signature : _____ Date : _____

Note: Should you be feeling unwell or uncomfortable in attempting the activities, please inform the event Officials and do not attempt to take part. The Officials will make the final decision.

In the event of accident emergency, please contact the Next-of-kin:

Name of next-of-kin: _____ Relationship: _____

Contact No of next-of-kin: (HP) _____