





忠邦城 Chong Pang City

ON THE HERITAGE TRAIL Yishun/Sembawang Heritage Trail

The Parents'/Guardians' Guide is designed to emphasise on the three aspects of parents'/quardians' interaction with children: Active dialogue, Bonding and Continuous feedback.



Recommended starting time for trail: 0900 (Trail takes about 2 to 3 hours)

Parents'/Guardians' Copy

Khoo Teck Puat Hospital



Heritage Garden @ Yishun

WHILE ON THE WAY:



Ask your child:

How did Lim Nee Soon, as a pioneer, help the community? (Lim Nee Soon was a community leader and a philanthropist)

Why was Nee Soon renamed as Yishun?

(The name was pinyinised at the height of the pinyinisation movement in the 1980s as pinyin became more accepted in Singapore)

Answers for worksheet to be done on site:

G<u>ambier, Pepper, Rubber, Pineapple, Plantations,</u> Sembawang, Sun Yat-Sen

Differences:



Missing walking stick

BEFORE LEAVING THE VENUE:



Ask your child:

Why was Lim Nee Soon so prominent? (He was well known in the Chinese community and contributed to the revolution

What can you learn from his spirit?

(I could learn how to be more humble despite being more well off compared to my peers)

Directions to the next venue:

Walk along Yishun Central 1 to Yishun Central 2 and you can see the Khoo Teck Puat Hospital.

nswers for worksheet to be done on site:

Alexandra

Pond

Environmental

Energy

Polyclinic

SITE 2:

in China)

Khoo Teck Puat Hospital

WHILE ON THE WAY:



Ask your child:

Who was Khoo Teck Puat? (Khoo Teck Puat was a philanthropist, hotelier and banker)

Why was the hospital in Yishun named after him? (Khoo Foundation, which was founded by him in 1981, donated \$125 million towards the construction of the hospital)



Difference:

Missing plaque

Location of the statue is at the main entrance of Khoo Teck Puat Hospital



BEFORE LEAVING THE VENUE:

Ask your child:

What values can we learn from Mr Khoo?

(Continually showing care for the less fortunate around him, humility despite being wealthy)

Directions to the next venue:

Walk along Yishun Central to Yishun Ave 2. Walk past Yishun MRT Station and turn left into Yishun Ave 5. You can see Chong Pang CC in the distance.

Chong Pang City

WHILE ON THE WAY:



Ask your child:

Who was Chong Pang? (Lim Chong Pang was the son of Lim Nee Soon, and also a businessman. In fact, Chong Kuo Road along Sembawang Road was also named after another of Nee Soon's sons)

Answers for worksheet 1 to be done on site:

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SUGGESTIONS FOR PARENTS/ **GUARDIANS!**

Have a good lunch or drinks at some of the coffee shops in Chong Pang City after exploring the neighbourhood centre. The trail can end here. If the family still has the energy. you may continue to the next site, which will add about 45 minutes to the total time excluding the

lunch break.

What the farmer is holding in his hands:

Watering cans!

BEFORE LEAVING THE VENUE:



Ask your child:

How does Chong Pang City symbolise a form of determination of the residents and shopkeepers? (Despite the fact that it's a neighbourhood centre, it is continuously lively and bustling with people and business has remained brisk. When business declined, the shopkeepers innovated together to spruce the place up, displaying entrepreneurship and camaraderie)

Directions to the next venue:

Walk towards Sembawang Road and turn left at Gambas Avenue. Look out for a small opening in the fence that indicates the way into the hot spring. Walk all the way to the end of the footpath. Do take note the hot spring is only open from 7 am to 7 pm daily.

SITE 4:

Sembawang Hot Spring (Optional)

WHILE ON THE WAY:



Ask your child:

Why do you think the hot spring is preserved despite it being in a military area? (The authorities left it since the public wanted the place to be preserved and kept as it is, and spruced up to make it more comfortable for those who went regularly)

BEFORE LEAVING THE VENUE:



Ask your child:

Can you imagine life in the past revolving around the hot spring?

What benefits would the hot spring bring for the community?

Would you like living near a hot spring? (Let your child or ward come up with his or her own answers!)





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Answers for worksheet to be done on site:



Inform your child that the water coming out from the hot spring is very hot (about 60 to 70 degrees Celsius!) and will scald his/ her skin if he/she is not careful. Do let the water cool down for some time before letting your child utilise it.



PROPOSED ACTIVITIES FOR PARENTS/GUARDIANS!

If you have additional time, do explore the other sites on the Yishun/Sembawang Heritage Trail not covered in the worksheet! Visit other cultural and religious sites such as the Chong Pang Combined Temple, Sembawang Presbyterian Church, Masjid Assyafaah, Holy Tree Sri Bala Subramaniar Temple and Gurdwara Sahib Yishun and discover how different cultures and religions merge seamlessly into a big melting pot of Singapore landscape in a harmonious way, side by side! Admire the architecture of the black and white houses in the Sembawang area. Round off the trail with some food and shopping at Yishun 10 or Northpoint! Ultimately, the purpose of the trail is for families to spend quality time together! Grab a copy of the Yishun Sembawang Heritage Trail booklet specially designed by NHB, or you can get a free PDF copy online!

Family Bonding Activity After Completing The Trail!

INSTRUCTIONS FOR PARENTS/GUARDIANS!

Don't let memories vanish! Consider doing a photo montage with the videos and the photographs filmed over the course of the trail! Add in some music and some editing to make it into a personal collection! Show the edited video to other family members! Otherwise, print out or develop the photographs and put it in a nice photo frame to remember!

Links to other heritage trails to learn more about other pioneers:



Overview for all trails: http://www.nhb.gov.sg/NHBPortal/Trails/Overview

Download the full brochure for Yishun/Sembawang trail here:

http://www.nhb.gov.sg/NHBPortal/Trails/YishunSembawang/YishunSembawang-Overview

Let's talk more about what you have just learnt! Bukit Timah Trail: http://www.nhb.gov.sg/NHBPortal/Trails/BukitTimah/BukitTimah-Overview

Jalan Besar Trail: http://www.nhb.gov.sg/NHBPortal/Trails/JalanBesar/JalanBesar-Overview

Kampong Glam Trail: http://www.nhb.gov.sg/NHBPortal/Trails/KampongGlam/KampongGlam-Overview

DISCUSSION TOPICS WITH YOUR CHILD/WARD





LET'S EXPLORE AND TALK ABOUT THESE QUESTIONS!

- a) How did these pioneers of Singapore help the community?
- b) What can we learn from these pioneers?
- c) How can we use their experiences to help the people around us?



FIND OUT MORE ABOUT OTHER PIONEERS!

How did other pioneers such as Tan Kah Kee (Bukit Timah Heritage Trail), Lim Boon Keng (Jalan Besar Heritage Trail), Seah Eu Chin (Toa Payoh Heritage Trail) and Syed Omar Ali Aljunied (Kampong Glam Heritage Trail) contribute to early Singapore's development? Find out more from the other NHB trail brochures and be inspired by their selfless characters!